

APPLICANT: ADCOCK INGRAM LIMITED

Amended:

PROPRIETARY NAME: VIRALGUARD IMMUNE BOOSTER BOX

08 April 2021

DOSAGE FORM AND STRENGTH: Multicomponent

Line No.	CLEAN PROPOSED PACKAGE INSERT
148.	INTERACTIONS:
149.	
150.	<u>ViralGuard Vitamin C 1000 mg:</u>
151.	Vitamin C has an effect on various medicines which include <i>hormonal contraceptives</i> ,
152.	<i>fluphenazine and warfarin</i> . <i>Omeprazole</i> may affect the bioavailability of dietary Vitamin
153.	C and Vitamin C may increase the absorption of <i>iron</i> in iron deficiency states.
154.	
155.	<u>ViralGuard D₃:</u>
156.	• There is an increased risk of hypercalcaemia if vitamin D is given with <i>thiazide</i>
157.	<i>diuretics, calcium, or phosphate</i> .
158.	• Some antiepileptics may increase vitamin D requirements (e.g. <i>carbamazepine</i> ,
159.	<i>phenobarbital, phenytoin, and primidone</i>).
160.	• <i>Rifampicin</i> and <i>isoniazid</i> may reduce the effectiveness of vitamin D.
161.	• <i>Corticosteroids</i> may counteract the effect of vitamin D.
162.	• <i>Ketoconazole</i> may inhibit the metabolism of paricalcitol and these drugs should be
163.	used with caution together; care should be taken when using paricalcitol with other
164.	potent inhibitors of the cytochrome P450 isoenzyme CYP3A4.
165.	
166.	<u>ViralGuard Zinc:</u>
167.	<i>Chloramphenicol</i> : Parenteral chloramphenicol may attenuate the effect of vitamin
168.	B ₁₂ in anaemia.
169.	<i>Copper, Fluoroquinolones, Iron, Penicillamine, Tetracyclines</i> : Zinc reduces the
170.	absorption of these drugs.
171.	<i>Levodopa</i> : Vitamin B ₆ reduces the effects of levodopa, but this does not occur if a
172.	dopa decarboxylase inhibitor is also given.
173.	<i>Phenobarbital</i> : Vitamin B ₆ decreases serum concentrations of phenobarbital.

APPLICANT: ADCOCK INGRAM LIMITED

Amended:

PROPRIETARY NAME: VIRALGUARD IMMUNE BOOSTER BOX

08 April 2021

DOSAGE FORM AND STRENGTH: Multicomponent

Line No.	CLEAN PROPOSED PACKAGE INSERT	
174.	<i>Phenytoin:</i> Vitamin B ₆ decreases serum concentrations of phenytoin.	
175.	<u>Nutrient Depletion:</u>	
176.	Vitamin B ₆	Hydralazine, isoniazid, penicillamine, and oral contraceptives.
	Vitamin B ₁₂	Neomycin, aminosalicylic acid, histamine H ₂ -antagonists, omeprazole, colchicine, oral contraceptives.
	Folic acid	Anti-epileptics, oral contraceptives, anti-tuberculosis drugs, alcohol, glucarpidase, methotrexate, pyrimethamine, triamterene, trimethoprim, and sulfonamides.
	Zinc	Iron supplements, penicillamine, phosphorus-containing preparations, and tetracyclines.
177.		
178.	PREGNANCY AND LACTATION:	
179.	Safety during pregnancy and lactation has not been established. Please consult your	
180.	healthcare practitioner prior to use.	
181.		
182.	DOSAGE AND DIRECTIONS FOR USE:	
183.	Take one (1) capsule each of VIRALGUARD D ₃ and VIRALGUARD ZINC daily.	
184.	Dissolve one (1) tablet of VIRALGUARD VITAMIN C 1000 mg separately in half a glass	
185.	of water, once daily.	
186.	Drink the mixture as soon as the effervescing has stopped.	
187.	All 3 products can be taken at the same time.	
188.	Do not exceed the recommended daily dosage.	
189.	Not recommended for use in children below 18 years of age.	
190.		
191.	SIDE EFFECTS:	
192.		

APPLICANT: ADCOCK INGRAM LIMITED

Amended:

PROPRIETARY NAME: VIRALGUARD IMMUNE BOOSTER BOX

08 April 2021

DOSAGE FORM AND STRENGTH: Multicomponent

Line No.	CLEAN PROPOSED PACKAGE INSERT
193.	<u>ViralGuard Vitamin C 1000 mg:</u>
194.	Ascorbic acid is usually well tolerated. Large doses are reported to cause diarrhoea
195.	and other gastrointestinal disturbances.
196.	
197.	<u>ViralGuard D₃:</u>
198.	Doses of vitamin D analogues that do not exceed the physiologic requirements are non-
199.	toxic.
200.	
201.	<u>ViralGuard Zinc:</u>
202.	No known side effects have been established.
203.	
204.	KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS
205.	TREATMENT:
206.	
207.	<u>ViralGuard Vitamin C 1000 mg:</u>
208.	Treatment is symptomatic and supportive.
209.	
210.	<u>ViralGuard Vitamin D₃:</u>
211.	The acute or chronic administration of excessive amounts of vitamin D or enhanced
212.	responsiveness to normal amounts of the vitamin leads to a number of clinical
213.	syndromes that are the result of deranged calcium metabolism. Treatment should be
214.	symptomatic and supportive.
215.	
216.	<u>ViralGuard Zinc:</u>
217.	No known symptoms of overdose have been established. Treatment is symptomatic
218.	and supportive.

APPLICANT: ADCOCK INGRAM LIMITED

Amended:

PROPRIETARY NAME: VIRALGUARD IMMUNE BOOSTER BOX

08 April 2021

DOSAGE FORM AND STRENGTH: Multicomponent

Line No.	CLEAN PROPOSED PACKAGE INSERT
219.	
220.	IDENTIFICATION:
221.	VIRALGUARD VITAMIN C 1000 mg are light orange, round, flat, bevelled edge
222.	effervescent tablets.
223.	VIRALGUARD D ₃ are opaque white and green hard gelatin capsules.
224.	VIRALGUARD ZINC are opaque pink and white hard gelatin capsules.
225.	
226.	PRESENTATION:
227.	VIRALGUARD IMMUNE BOOSTER BOX is presented as an outer carton containing:
228.	• 10 VIRALGUARD VITAMIN C 1000 mg effervescent tablets in a plastic tube with a
229.	tamper-proof plastic closure
230.	• 10 VIRALGUARD D ₃ capsules in a PVC/PVDC/Aluminium blister strip
231.	• 10 VIRALGUARD ZINC capsules in a PVC/PVDC/Aluminium blister strip
232.	
233.	STORAGE INSTRUCTIONS:
234.	Store in a cool, dry place at or below 25 °C.
235.	KEEP OUT OF REACH OF CHILDREN.
236.	Do not remove the effervescent tablet from its container until just before use.
237.	Protect from light and moisture.
238.	Store in carton until before use.
239.	
240.	REGISTRATION NUMBER:
241.	To be allocated.
242.	
243.	NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF
244.	REGISTRATION:

APPLICANT: ADCOCK INGRAM LIMITED

Amended:

PROPRIETARY NAME: VIRALGUARD IMMUNE BOOSTER BOX

08 April 2021

DOSAGE FORM AND STRENGTH: Multicomponent

Line No.	CLEAN PROPOSED PACKAGE INSERT
245.	Adcock Ingram Limited
246.	1 New Road,
247.	Erand Gardens,
248.	Midrand,
249.	1685
250.	www.adcock.com
251.	Customer Care: 0860 ADCOCK/ 232625
252.	
253.	DATE OF PUBLICATION OF THIS PACKAGE INSERT:
254.	To be allocated.
255.	